



**Yash M. Patel**

Age : 21 Years

Sex : Male

PID : 555



**Sample Collected At:**

125, Shivam Bungalow, S G Road,  
Mumbai

Ref. By: **Dr. Hiren Shah**



Registered on: 02:31 PM 02 Dec, 2X

Collected on: 03:11 PM 02 Dec, 2X

Reported on: 04:35 PM 02 Dec, 2X

## VLDL Cholesterol

Investigation	Result	Reference Value	Unit
<b>VLDL Cholesterol</b> Calculated	<b>50.00</b>	2.00 - 30.00	mg/dL

### Note :

A VLDL (Very Low-density Lipoproteins) cholesterol test uses a blood sample. VLDL cholesterol is not directly measured, instead, the amount of VLDL cholesterol is estimated based on triglycerides results taken during a triglycerides test or a lipid panel test.

NLA - 2014 RECOMMENDATIONS	Total Cholesterol (mg/dL)	HDL Cholesterol (mg/dL)	LDL Cholesterol (mg/dL)	Triglycerides (mg/dL)
Optimal		< 40	< 100	< 150
Above Optimal	< 200		100 - 129	
Borderline High	200 - 239		130 - 159	150 - 199
High	> 240	< 60	160 - 189	200 - 499
Very High			> 190	> 500

### Note :

- Measurements in the same patient can show physiological& analytical variations. Three serial samples 1 week apart are recommended for Total Cholesterol, Triglycerides, HDL& LDL Cholesterol.
- As per NLA-2014 guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.

Thanks for Reference

\*\*\*\*End of Report\*\*\*\*

**Medical Lab Technician**  
(DMLT, BMLT)

**Dr. Payal Shah**  
(MD, Pathologist)

**Dr. Vimal Shah**  
(MD, Pathologist)

