



Yash M. Patel

Age : 21 Years

Sex : Male

PID : 555



Sample Collected At:

125, Shivam Bungalow, S G Road,
Mumbai

Ref. By: **Dr. Hiren Shah**



Registered on: 02:31 PM 02 Dec, 2X

Collected on: 03:11 PM 02 Dec, 2X

Reported on: 04:35 PM 02 Dec, 2X

HDL Cholesterol

Investigation	Result	Reference Value	Unit
HDL Cholesterol Spectrophotometry	60.00	High < 40.00	mg/dL

Note :

An HDL cholesterol test (high-density lipoprotein) measures the amount of cholesterol found inside high-density lipoproteins (HDL) in a sample of your blood. HDL Cholesterol is considered "good cholesterol" and is associated with a lower risk of coronary heart disease events.

NLA - 2014 RECOMMENDATIONS	Total Cholesterol (mg/dL)	HDL Cholesterol (mg/dL)	LDL Cholesterol (mg/dL)	Triglycerides (mg/dL)
Optimal		< 40	< 100	< 150
Above Optimal	< 200		100 - 129	
Borderline High	200 - 239		130 - 159	150 - 199
High	> 240	< 60	160 - 189	200 - 499
Very High			> 190	> 500

Note :

- Measurements in the same patient can show physiological& analytical variations. Three serial samples 1 week apart are recommended for Total Cholesterol, Triglycerides, HDL & LDL Cholesterol.
- As per NLA-2014 guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.

Thanks for Reference

****End of Report****

H. Patel

Medical Lab Technician
(DMLT, BMLT)

Dr. Payal Shah

Dr. Payal Shah
(MD, Pathologist)

Dr. Vimal Shah

Dr. Vimal Shah
(MD, Pathologist)

